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NICOLE KIRK PHOTOGRAPHY



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Congratulations on your Pregnancy!

I love to photograph families with their newborn babies. It's so amazing to be part of a family's life right after a new baby arrives. There is a bit of planning that is required to make these sessions successful though. Please read through some of the tips that I've come up with to make a newborn session run smoothly.

So... let's begin!

The first thing to do is book a date...

We recommend that you book your newborn session before your baby's birth to ensure a spot on our calendar. Please contact us sometime during your third trimester and we'll pencil you in. Then, send us an email soon after you deliver so that we can arrange a time for the session. If baby comes sooner or later, we will reschedule your appointment to an appropriate day.

Photo day...

Newborn sessions should be scheduled within 14 days of birth; however, the best time is within 3-7 days of their arrival. Babies are sleepy during this time and generally easier to photograph. After about 14 days it's very difficult to get that deep sleep that is required for newborn photos and baby acne and sometimes colic can make things more difficult.





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Where...

The majority of newborn sessions occur in your home. We find that it's easier for new moms to stay at home where all of their baby supplies are. Also, this allows for more personalized photos of baby's nursery and home. Please don't worry about your house being a mess at the time of the photos. When you just had a baby this is totally understandable and expected! We can remove clutter and we can shoot in tiny spaces.

Lighting...

We ask that you open the blinds before we arrive. This allows us to find the best source of natural light for your photos so that we can find the best location to photograph your family. We prefer to use natural light when possible, but will bring supplementary lighting just in case. When we arrive we will walk around looking for the spots with the best natural light. Once we've found it, we will do most of the photos in those locations.

Heating...

Loosen the diaper...

Please loosen the baby's diaper 30 minutes before we arrive. This will allow time for the little imprint marks on babies behind to disappear.

Hungry?

Well fed babies are also happy babies. Please feed and burp your baby right before our session. We realize that babies may require frequent feedings so we're more than happy to take breaks when necessary.

What should I wear?

We know that you just had a baby and you aren't feeling your best, but we think it's a good time to pamper yourself. Do your hair and makeup, or have someone come to your house to do it for you! Taking care of yourself will make you feel more comfortable during the session. It's an exciting time in your life and we want to capture you as a beautiful mom.

In terms of what to wear.... Keep it simple. We recommend wearing soft fabrics and natural colors - white, grey, beige or pastels. Please feel free to coordinate but do not match exactly please. Jeans are a great option, but how casual you dress is up to you and your style.



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Props....

We will bring several baskets, blankets and wraps and headbands to your house to choose from. You are welcome to use any of your own props as well. Look for items with texture and colour to make your photos unique. If you have any family heirlooms or special toys, blankets etc. that you'd like to include in the photos, please put them aside. We will try our best to use all the items you put aside in your photos.

For the men...

Your hands will likely be in the photos, so it's a good idea to touch up on your grooming. Trim and tidy your nails and apply lotion to dry skin. In terms of clothing, long or short sleeve knits are best and solid coloured neutral shirts look nice.

Make the bed...

Is there anything more gorgeous than a new family cuddled in bed together? I don't think so! We might suggest moving into the master bedroom at some point. If that appeals to you, here are a few tips...

1. Make the bed
2. A solid colour blanket or comforter looks nice
3. We recommend white or cream bedding to keep things looking airy (we can bring this if needed)

Did we miss anything? Do you have another question?

We are more than happy to help out in any way that we can

Send us an email to: info@nicolekirkphotography.com

Or call us at: 905-990-1684





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Digital Print Pricing

All **enlargements** are printed on Fuji Crystal Archive Luster paper. This paper is fingerprint & glare resistance with a matte finish.

4x6- \$5, 5x7- \$10 and 8x10- \$20, also available when ordering an enlargement.

Print Size	Cost
11x14	\$135
16x20	\$245
20x24	\$365

All **canvas** prints are handmade by the professional printer on a fine wooden stretcher. Canvases are high quality, 100% acid free and archival quality.

Print Size	Cost
11x14	\$185
16x20	\$275
20x24	\$425

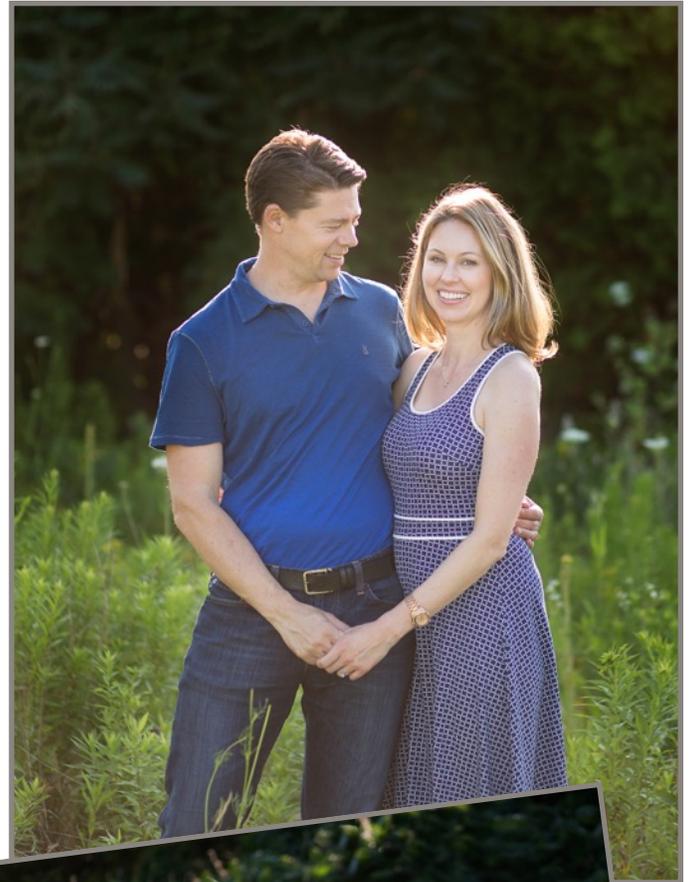
Beautiful Photo books Also Available!

About Nicole!

I love babies and photography and being a newborn photographer is a dream job for me. My interest in photography began after having kids, when I became obsessed with documenting their lives and getting the perfect shot. After numerous photo sessions with my children I took photography courses at George Brown College and then I started working with various talented photographers around the GTA.

I am blessed to have a wonderful life. I met my husband in 1999 when I was working as a financial analyst in Toronto and we've been happy together ever since. We had a beautiful wedding in 2003 and few years later, we had a son and two years after that we had boy/girl twins. Things have been very busy ever since, and I feel lucky to have such a great family.

I love spending time with my family and friends. I also enjoy: cooking, skiing, travelling, and reading.





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Important Information

Nicole Kirk Photography reserves the right to use the photographs taken during your session and retains the copyright. The Client has the right to print and use the photographs for personal use only.

A \$200 deposit is required to book your special day, and is non refundable. This package includes up to three hours of the photographer's time and talent and results in a proofing gallery of 25+ fully edited images delivered within two weeks of the shoot.

One high-resolution digital image (one picture) of your choice from the proofing gallery is included with the session fee. Additional images from your proofing gallery may be purchased for \$50/each or the entire gallery can be purchased for a discount at just \$300. (this is separate from the session fee). Forms of payment include Cash, Cheque, Money Order or Online Money Transfer. Please make all cheques payable to Nicole Kirk.

If you have any further questions, or would like to arrange a meeting to discuss this further please feel free to contact me anytime.

I look forward to hearing all about your pregnancy!

Sincerely,

Nicole Kirk

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